



High School Lunch Menu January 2017

Monday	Tuesday	Wednesday	Thursday	Friday
2 Student Holiday	3 Taco Tuesday Refried Beans Seasoned Rice Corn Assorted Chilled & Fresh Fruit	4 Pork Roast w/ Gravy, Roll Mashed Potatoes Seasoned Broccoli Assorted Chilled & Fresh Fruit	5 Steak Fingers w/ Gravy Roll Mashed Potatoes Savory Green Beans Assorted Chilled & Fresh Fruit	6 Create a Burger Oven Fries Veggie Beans Lettuce, Tomato, Pickle Assorted Chilled & Fresh Fruit
9 BBQ Rib on a Sub Bun Pinto Beans Seasoned Broccoli Assorted Chilled & Fresh Fruit	10 Burrito Tuesday Pinto Beans Mexican Rice Seasoned Corn Assorted Chilled & Fresh Fruit	11 Spaghetti w/ Meat Sauce Tossed Salad w/ Dressing Savory Green Beans Assorted Chilled & Fresh Fruit	12 Chicken Fried Steak w/ Gravy, Roll Creamed Potatoes Sliced Carrots Assorted Chilled & Fresh Fruit	13 Create a Burger Tator Tots Veggie Beans Lettuce, Tomato, Pickle Assorted Chilled & Fresh Fruit
16 Student Holiday	17 Nacho Tuesday Refried Beans Spanish Rice Seasoned Corn Assorted Chilled & Fresh Fruit	18 Chicken Alfredo Seasoned Broccoli Glazed Carrots Garlic Bread Assorted Chilled & Fresh Fruit	19 Meatloaf w/ Dinner Roll Black-eyed Peas Scalloped Potatoes Assorted Chilled & Fresh Fruit	20 Create a Burger Potato Wedges Veggie Beans Lettuce, Tomato, Pickle Assorted Chilled & Fresh Fruit
23 Chicken or Beef Stir Fry Egg Roll Vegetable Blend Seasoned Rice Assorted Chilled & Fresh Fruit	24 Enchilada Tuesday Pinto Beans Mexican Rice Seasoned Corn Assorted Chilled & Fresh Fruit	25 Chicken Spaghetti Sliced Carrots Green Peas Garlic Bread Assorted Chilled & Fresh Fruit	26 Boneless Pork Chop Brown or Pepper Gravy Creamed Potatoes Roll Savory Green Beans Assorted Chilled & Fresh Fruit	27 Create a Burger Oven Fries Veggie Beans Lettuce, Tomato, Pickle Assorted Chilled & Fresh Fruit
30 BBQ Pork ½ Baked Potato Broccoli & Cauliflower Hot Roll Assorted Chilled & Fresh Fruit				

Choice of 1% White Milk or Fat Free Chocolate Milk Offered Daily

MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE

CHILD NUTRITION OFFICE – 903-896-4332